






Pharmacist CARE Program

Compassionate Accurate Responsive Educational










When you're not feeling well you go to the doctors. He or she may give you a prescription to obtain medication from the pharmacy as part of your treatment. It is important that you understand what you are taking, why and how to take it. The process should be like this:

How to have your prescription filled:

Script	Fill	Ask	Take	Questions? Call _____
				

Things that you need to keep in mind when taking your medication:

Time to Take

 Morning Number of Pills _____ Draw Number of Pills to Take	 _____	 Evening Number of Pills _____ Draw Number of Pills to Take
     		

Take with Food



On Empty Stomach



Things to Avoid:

 Driving	 Alcohol	 Sun	 Dairy Products	 Vitamins
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May Cause:

 Drowsiness	 Blurred Vision	 Dry Mouth	 Constipation
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Storing:

 Medicine Cabinet	 Safe	 Bedroom Drawer	 Purse	 Kitchen Cabinet
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Disposing:

 Flushing	 Coffee Grounds	 Cat Litter	 Pharmacy	 Garbage Can	 Share with Friends & Family
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Important information to get the help you need.

If you have been given a prescription



• **Needy Meds**
Web: www.NeedyMeds.com

and don't have the money to have it filled,



• **RxAssist**
Phone: 877-844-8442
Web: www.rxassist.org

you can call



• **RX Hope**
Web: www.rxhope.com

or visit



Help with medical care:



• **The Center for Medicare Advocacy, Inc.**
Phone: 860-456-7790
www.medicareadvocacy.org

• **The Center for Patient Advocacy**
Phone: 800-846-7444
www.patientadvocacy.org

• **The Patient Advocate Foundation**
Phone: 800-532-5274
www.patientadvocate.org

• **Health Assistance Partnership**
Phone: 202-737-6340
www.healthassistancepartnership.org

• **Pain and Policy**
www.painpolicy.wsc.edu

Other helpful information:



• **American Chronic Pain Association**
Phone: 800-533-3231
www.theacpa.org

• **Pain and the Law**
www.painandthelaw.org

• **National Institute of Health**
www.nih.gov

• **Social Security Disability**
www.ssa.gov/disability.html