






# Pharmacist CARE Program

Compassionate Accurate Responsive Educational




When you're not feeling well you go to the doctors. He or she may give you a prescription to obtain medication from the pharmacy as part of your treatment. It is important that you understand what you are taking, why and how to take it. The process should be like this:







## How to have your prescription filled:



Script	Fill	Ask	Take	Questions? Call _____
				

## Things that you need to keep in mind when taking your medication:

**Time to Take**

 <b>Morning</b> Number of Pills _____ Draw Number of Pills to Take		 <b>Evening</b> Number of Pills _____ Draw Number of Pills to Take
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<b>Take with Food</b> 	<b>On Empty Stomach</b> 
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## Things to Avoid:

 <b>Driving</b>	 <b>Alcohol</b>	 <b>Sun</b>	 <b>Dairy Products</b>	 <b>Vitamins</b>
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## May Cause:

 <b>Drowsiness</b>	 <b>Blurred Vision</b>	 <b>Dry Mouth</b>	 <b>Constipation</b>
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## Storing:

 <b>Medicine Cabinet</b>	 <b>Safe</b>	 <b>Bedroom Drawer</b>	 <b>Purse</b>	 <b>Kitchen Cabinet</b>
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## Disposing:

 <b>Flushing</b>	 <b>Coffee Grounds</b>	 <b>Cat Litter</b>	 <b>Pharmacy</b>	 <b>Garbage Can</b>	 <b>Share with Friends &amp; Family</b>
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# Important information to get the help you need.

**If you have been given a prescription**



• **Needy Meds**  
Web: [www.NeedyMeds.com](http://www.NeedyMeds.com)

**and don't have the money to have it filled,**



• **RxAssist**  
Phone: 877-844-8442  
Web: [www.rxassist.org](http://www.rxassist.org)

**you can call**



• **RX Hope**  
Web: [www.rxhope.com](http://www.rxhope.com)

**or visit**



**Help with medical care:**



• **The Center for Medicare Advocacy, Inc.**  
Phone: 860-456-7790  
[www.medicareadvocacy.org](http://www.medicareadvocacy.org)

• **The Center for Patient Advocacy**  
Phone: 800-846-7444  
[www.patientadvocacy.org](http://www.patientadvocacy.org)

• **The Patient Advocate Foundation**  
Phone: 800-532-5274  
[www.patientadvocate.org](http://www.patientadvocate.org)

• **Health Assistance Partnership**  
Phone: 202-737-6340  
[www.healthassistancepartnership.org](http://www.healthassistancepartnership.org)

• **Pain and Policy**  
[www.painpolicy.wsc.edu](http://www.painpolicy.wsc.edu)

**Other helpful information:**



• **American Chronic Pain Association**  
Phone: 800-533-3231  
[www.theacpa.org](http://www.theacpa.org)

• **Pain and the Law**  
[www.painandthelaw.org](http://www.painandthelaw.org)

• **National Institute of Health**  
[www.nih.gov](http://www.nih.gov)

• **Social Security Disability**  
[www.ssa.gov/disability.html](http://www.ssa.gov/disability.html)